

Plain Language Statement



Department of Nursing

Melbourne School of Health Sciences

Faculty of Medicine, Dentistry and Health Sciences

Project: Be Sweet to Babies

Responsible Researcher:

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Introduction

Thank you for your interest in participating in this Be Sweet to Babies project. The following pages will provide you with further information about the project, so that you can decide if you would like to take part in this research.

Please read this information carefully. If you have any questions about anything you don't understand or want to know more about, please contact the Responsible Researcher, Professor Denise Harrison, whose details are provided above.

Your participation is voluntary. If you don't wish to take part, you don't have to. You do not have to complete the survey if you change your mind after starting.

This research is being undertaken by the Be Sweet to Babies research team at the University of Melbourne, in partnership with the Miracle Babies Foundation.

What is this research about?

Sick, premature babies require painful medical procedures in hospital. This is distressing for both parents and babies and can have long-term consequences for brain development. The good news is that there are some safe, simple strategies that families can use to effectively reduce their babies' pain during painful procedures. The Be Sweet to Babies research team has co-produced a video with parents designed to help parents use these strategies to reduce their babies' pain.

However, we do not yet know whether Australian parents think this video is useful, and whether they have ever used the strategies shown in the video.

In this study we therefore want to find out if families already know about strategies for reducing their babies' pain, and whether they have ever used these strategies and found them to be effective. We are also investigating whether Australian families are already aware of the Be Sweet to Babies video, and whether they find it useful after watching it.

We will use the findings of this study to inform our future research into the best ways of sharing information to support families to use and advocate for strategies to reduce their babies' pain during painful hospital procedures.

What are the possible benefits of this research?

This research project will potentially lead to better support for parents, caregivers and clinicians in implementing and advocating for strategies to reduce babies' pain during painful medical procedures.

This study will improve our understanding of the effectiveness of online platforms as tools for translating medical knowledge to help parents to make health-related decisions. This research could potentially contribute to future improvements in the way that babies' pain is managed during painful procedures, so that no baby will unnecessarily undergo painful procedures without pain treatment.

What will I be asked to do?

Should you agree to participate, you will be invited to watch a 5-minute video about infant pain management, and then complete a 20-question online survey. The total time commitment for this research project is around 10 minutes.

In this survey, we ask questions about your previous knowledge and use of the pain management strategies shown in the video, some details about your infants' hospital stay, and your opinion of the usefulness of the video for parents.

What are the possible risks?

The risks in participating in this research are low. Questions in this survey may bring up memories of your baby's hospitalisation. If you feel distressed by these memories, we advise you to contact a supportive person or medical professional.

Do I have to take part?

No. Participation is completely voluntary. If you change your mind about participating, you are free to stop the survey at any time. If you decide to stop the survey, we will not use the data you provided.

Will I hear about the results of this project?

A summary of the results from this research project will be shared publicly by the Miracle Babies Foundation through their social media channels. The results will also be distributed through the research team's presentations and publications.

What will happen to information about me?

We will protect your anonymity and the confidentiality of your responses to the fullest extent possible. You will not be asked to attach your name or contact details to your survey response. All responses provided will be stored electronically and held under password protection.

We may reuse the data we collect in this study for future research in the same general area of research as this project. The data we collect in this project, and any future reuse of this data, will always be published as summary statistics, so your individual responses will never be identifiable or reported separately.

In accordance with research code requirements, we will store the information collected for 5 years after the release of any publications of this research project.

Where can I get further information?

If you would like more information about the project, please contact the researcher by email at: deniseh@unimelb.edu.au.

Who can I contact if I have any concerns about the project?

This research project has been approved by the Human Research Ethics Committee of The University of Melbourne. If you have any concerns or complaints about the conduct of this research project, which you do not wish to discuss with the research team, you should contact the Manager, Human Research Ethics, Research Ethics and Integrity, University of Melbourne, VIC 3010. Tel: +61 3 8344 2073 or Email: HumanEthics-complaints@unimelb.edu.au. All complaints will be treated confidentially. In any correspondence please provide the name of the research team or the name or ethics ID number of the research project.

How do I agree to participate?

If you would like to participate in this project, please click the link provided below to access the survey, and the built-in consent form.

https://melbourneuni.au1.qualtrics.com/jfe/form/SV_2s07ZoY7VbOpqbH